

# Getting ready for your virtual visit



The patient must be present for the virtual visit unless otherwise specified by your provider. Please gather medications and medical records and find a quiet space. Do not begin a virtual visit from your vehicle, and avoid cafe or coffee shop settings if possible.



## Try out the virtual visit application.

Download and test it on your desktop or mobile device before your visit.



## Adjust your lighting.

Close blinds and limit natural light.



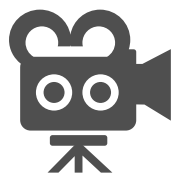
## Find a quiet space.

The area should be private and free from distractions. Please find an indoor space where you can be seated rather than in a car or walking.



## Be on time.

Log in early for your virtual visit.



## Set your camera.

Place your camera at eye level for a full view of your face.



## Communicate clearly.

Speak slowly and clearly into the microphone.