

Traveling for care



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Welcome to the Maternal Fetal Care Center at Boston Children's Hospital

Thank you for considering the Maternal Fetal Care Center, in affiliation with Brigham and Women's Hospital, for consultation or care during your pregnancy.

At the Maternal Fetal Care Center (MFCC), our goal is to provide the most advanced diagnostics and treatments, and the most compassionate care for those carrying pregnancies with a confirmed or suspected fetal anomaly. We're committed to preparing and supporting you and your family, both during and after your pregnancy.

During your time with us, you'll meet with specialists who have experience in caring for infants and children with congenital malformations. Our team of physicians, nurses, genetic counselors, and social workers is dedicated to offering valuable insights into available treatment options, as well as education and support to help you make informed decisions.

We understand that coming to Boston for care presents its challenges. Travel logistics, additional expenses, and uncertainty about the length of your stay can add undue stress to an already overwhelming time. This guide is designed to provide:

- Travel directions to Boston Children's
- A partial list of accommodations
- Suggestions for meals and groceries
- Maps of Boston Children's, the Longwood Medical Area, and the public transit system (MBTA)

After reviewing this guide, please feel free to reach out to an MFCC social worker with any additional questions. We look forward to meeting you and being a part of your journey.

Sincerely,

The Maternal Fetal Care Center Social Work team

Traveling to Boston Children's Hospital

Boston Children's Hospital is located at 300 Longwood Ave., Boston, Massachusetts. The traffic in the Longwood Medical Area can be congested. We recommend you leave adequate time for travel and parking.

Logan International Airport

Logan International Airport, approximately 7 miles from the hospital, and is accessible via public transit (see MBTA map below), taxi, or ride-share service. Travel time can be 30 to 60 minutes, depending on the time of day and traffic.

MBTA Map



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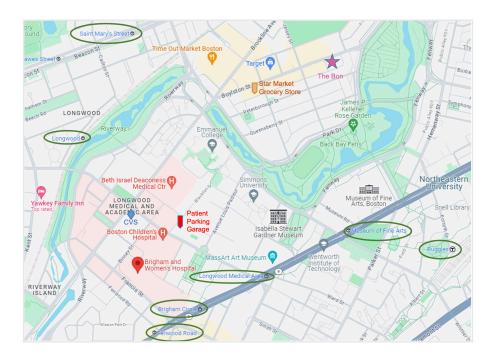
Parking

Parking is available in the Boston Children's Garage at **33 Blackfan St.**, directly across from the hospital's main entrance. Discounted parking is available for patients and their families with a validated ticket. Parking assistance is available for inpatient families; please see your social worker or resource specialist for details.

Public Transit (MBTA)

Take either the <u>D or E Green</u>
<u>line</u> to **Longwood**. Follow
Longwood Ave to Boston
Children's Hospital.

Finding your way around the neighborhood



1. Patient Parking @ 33 Blackfan St.

2. Hospitals

- a. Boston Children's
- b. Brigham and Women's Hospital (BWH)
- c. Beth Israel Deaconess Medical Center (BI)

3. Patient Family Housing

a. Yawkey Family Inn

4. The Bon by Morro

5. MBTA Train Stops

a. Green C Line: St. Mary's Street

b. Green D Line: Longwood

c. Green E Line: Museum of Fine Arts, Longwood Medical Area, Brigham Circle

d. Orange Line: Ruggles

6. Food and Shopping

- a. CVS @ 350 Longwood Ave.
- b. Target
- c. Star Market

Where to stay in Boston

Wherever you choose to stay during your time in Boston, keep in mind that advanced planning is strongly recommended.

Your best option will depend on your financial resources, the number of people traveling with you, your anticipated length of stay, and your own need for company vs. privacy.

Inpatient stays

All our intensive care units (MSICU, CICU, and NICU) have a space for one parent to sleep at their child's bedside. The ICU can be a challenging place to get a good night's sleep, but this is an option for you to stay close to your baby. We suggest using a white noise machine, noise-canceling headphones, or other sleep comforts to support your rest and recovery should you choose this option.

Boston Children's Hospital Patient Family Housing Program

The <u>Patient Family Housing Program</u> (PFH) provides affordable accommodations to any parent, guardian, or family member of a Boston Children's Hospital patient who lives beyond 50 miles from the hospital. PFH offers free, on-demand shuttle transportation to and from the hospital. There are two options under this umbrella: Yawkey Family Inn and The Bon by Morro.

Apply online

617-919-3456

Yawkey Family Inn

241 Kent Street, Brookline, MA \$30 per night

- Private rooms that can sleep up to four people with shared bathrooms.
- Communal kitchen, laundry facilities, internet access.
- Free laundry facilities

The Bon by Morro

1260 Boylston St., Boston, MA \$75 per night

- Individual apartments that can sleep up to four people with private kitchen and bath
- On-site laundry facilities and gym access

Non-Hospital Affiliated Housing

Hospitality Homes

hosp.org

888-595-4678

Hospitality Homes matches patients and their families who live more than 50 miles from the hospital with housing during their care in Boston. They have a network of host homes with local families as well as some hotel rooms and private apartments. They offer a range of housing options and, as such, their cost varies (typically around \$25-120/ night). They may have some lower-cost options on an as-needed basis.

Ronald McDonald House

rmhbostonharbor.org

617-398-6458

The Ronald McDonald House at Boston Harbor is a donation-based option for families living more than 50 miles from the hospital. Your stay cannot start sooner than one week before your due date, and they usually have a waitlist. If you are interested in staying here, you can ask a social worker to apply on your behalf.

Specialized Housing

Live 4 Evan

live4evan.org

info@live4evan.org

The Live4Evan Organization offers six fully furnished apartments reserved for families whose children are receiving cardiac care and traveling from more than 50 miles away. They cost \$40 a night with a \$200 deposit. The apartments are located adjacent to Boston Children's Hospital in the Longwood Galleria Apartment building. The maximum occupancy for each apartment is four people.

The Fisher House

fisherhouseboston.org

508-728-8781

Fisher House Boston is an organization that provides local housing to active duty and veteran families free of charge while they or a family member receives medical care in Boston.

Hotels

We recommend that you ask for a patient rate when booking. We are happy to provide a letter to verify your patient status if needed.

The Inn at Longwood Medical

617-731-4700 342 Longwood Ave. Boston, MA 02115

0.01 miles from Boston Children's Hospital

The Longwood Inn

617-566-8615 123 Longwood Ave. Brookline, MA 02446

0.6 miles from Boston Children's Hospital

Residence Inn Boston Back Bay/Fenway

617-236-8787 125 Brookline Ave. Boston, MA 02215

0.7 miles from Boston Children's Hospital

Hilton Garden Inn

617-935-0077 700 Brookline Ave. Brookline, MA 02446

0.8 miles from Boston Children's Hospital

enVision Hotel

617-383-5229 81 South Huntington Ave. Boston, MA 02130

1 mile from Boston Children's Hospital

Homewood Suites by Hilton Boston Brookline-Longwood Medical

617-232-1487 111 Boylston St. Brookline, MA 02445

1.1 miles from Boston Children's Hospital

Courtyard Boston Brookline

617-734-1393 40 Webster St. Brookline, MA 02446 1.30 miles from Boston Children's Hospital

Free shuttle to Boston Children's Hospital

Hampton Inn & Suites Boston Crosstown

617-445-6400 811 Massachusetts Ave. Boston, MA 02118 2.0 miles from Boston Children's Hospital

Free shuttle to Logan and Boston Children's Hospital

Short-Term Furnished Rentals

The following is a partial list of sources for furnished rentals. Neighborhoods in proximity to Boston Children's Hospital include Longwood Medical area, Fenway/Kenmore, and Brookline.

Compass Furnished

<u>Apartments</u>

Airbnb

Vrbo

Churchill Living Furnished

Apartments

Sublet.com

Fenway Triangle Trilogy

180 Brookline Ave. Boston, MA 02215 877-383-1237

Longwood Towers

20 Chapel St.

Brookline, MA 02446 855-596-8125

Inside Boston Children's Hospital

Maternal Fetal Care Center

Hunnewell 2

Cardiac Intensive Care Unit (CICU)

Hale 7 and 8

Neonatal Intensive Care Unit (NICU)

Hale 11

Medical/ Surgical Intensive Care Unit (MSICU)

Berthiaume 7

Milk Drop Off

Hale 11

Rooftop Gardens

Hale 12 and Berthiaume 12

Indoor Garden

Hale 8 and Hale 10

Wishing Stone Garden

Fegan 1



The essentials

In Boston Children's Hospital, you can dine at the **Fresh Food Court**, which includes options such as Chef's Playground, a grill, salad bar, Starbucks, Subway, and Pizzeria Regina. They also have vegetarian, gluten-free, Kosher, Halal, allergy-free, and other options. Additionally, there is a **Panera Bread** on the main level of the hospital for sandwiches, salads, coffee, and pastries.

Food delivery

DoorDash, Uber Eats, etc. can be ordered to the hospital at 300 Longwood Ave, Boston, MA. You can meet the driver at the main entrance.

Groceries

Star Market: 33 Kilmarnock St. Boston, MA 02215

Stop & Shop (Brigham Circle): 1620 Tremont St.

Boston, MA 02120

Trader Joe's: 1317 Beacon St. Brookline, MA 02446

Target: 1341 Boylston St. Boston, MA 02215

Grocery delivery services:

Instacart, Whole Foods via Amazon Prime, Uber Eats

Pharmacies

CVS (Pharmacy only): Boston Children's, Level 1, CVS, 350 Longwood Ave., Boston, MA

ATMs

Bank of America: Boston Children's, Level 1, near Fegan elevators

Citizens Bank: Boston Children's, Level 1, near Fegan elevators

Postal services

UPS Store: 423 Brookline Ave., Boston, MA

U.S. Post Office (near Brigham Circle): 1575 Tremont

St., Boston, MA

Restaurants nearby

Anna's Taqueria – Mexican food, including tacos, burritos and bowls

Boloco – Burritos and burrito bowls. Breakfast options

Bon Me – Asian-inspired eats with to-go rice dishes, noodles, and banh mi sandwiches

Bruegger's – Bagels, sandwiches, salads, and coffee

Caffe Nero – European coffeehouse specializing in Italian coffee and food

Clover – Fresh, creative pita sandwiches and bowls. Breakfast options as well

Galleria Food Court – Variety of options including McDonald's, Subway, Dunkin Donuts

JP Licks – Homemade ice cream and frozen yogurt

Longwood Grille – Sit-down restaurant serving standard American fare

Pokeworks – Poke-inspired bowls and burritos

Starbucks – Boston Children's Hospital, on Longwood Ave and at Beth Israel Hospital

Sweetgreen – Salads and bowls

Important phone numbers

Important numbers at Boston Children's Hospital

Maternal Fetal Care Center 617-355-6512
Hale Center for Families 617-355-6279
Patient Family Housing 617-919-3450
Global Health Services 617-355-5209
Interpreter Services 617-355-7198
Lactation Support 617-355-0005
Spiritual Care 617-355-6664
Patient Financial Services 617-355-3397

Important numbers for maternal care

Beth Israel Deaconess Medical Center

Patient Registration 617-754-8240 Maternal Fetal Medicine 617-667-4836

Brigham and Women's Hospital

Patient Registration 866-489-4056 Maternal Fetal Medicine 617-732-4840



Where the world comes for answers