

Day Surgery – Lexington

My Hospital Story



Boston Children's Hospital

June 2023

I'm getting ready for my surgery at Boston Children's Hospital. My doctors need to do the surgery to learn about my body or to help me get better.

482 BEDFORD STREET

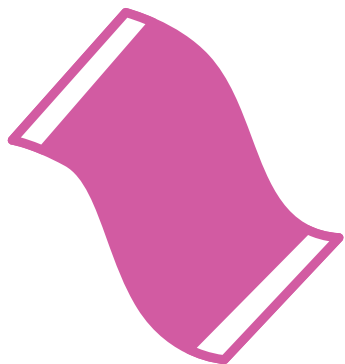


Boston Children's
at Lexington



Beth Israel Deaconess
HealthCare
Lexington

I will go to the hospital with my caregivers. I can bring my favorite blanket or a stuffed animal from home.



First, we will walk into the Lexington Ambulatory Surgical Building.

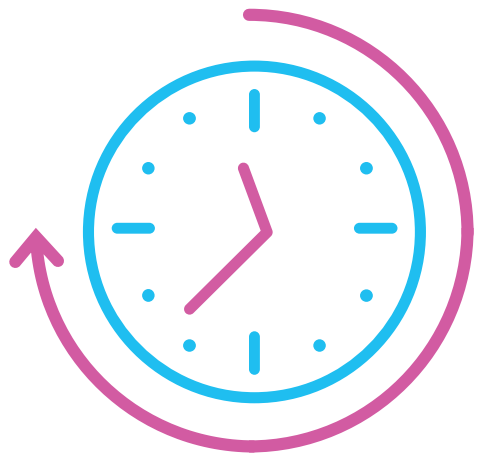


Then we will
talk to someone
at the front
desk.





Next, we'll wait until my name is called. I can sit and play quietly while I wait.



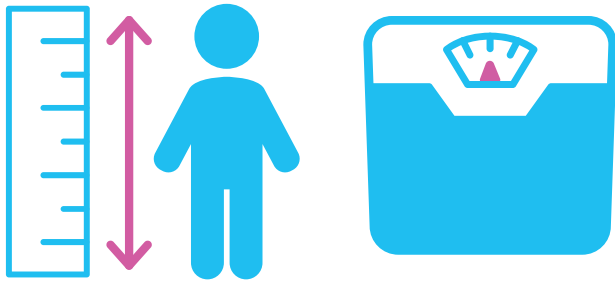
When my name is called, a nurse will bring me and my caregiver to a new room.





This room may be busy with doctors and nurses.
I may see other kids waiting for surgery, like me.

Next, the nurse will check my height and weight.



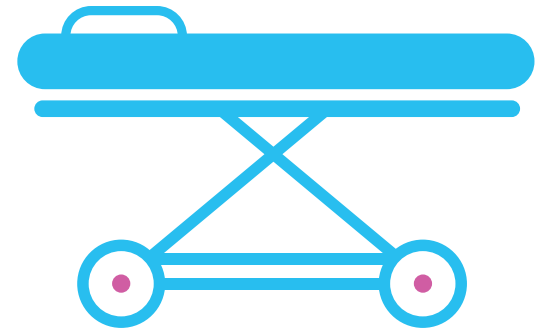


The nurse
will give me a
bracelet with
my name.

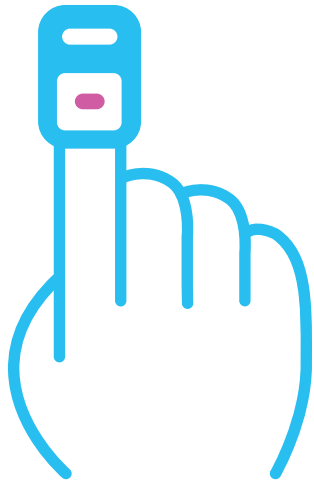




Next, I will sit
on a special
bed with
wheels.



My nurse will place a pulse oximeter on my finger. It checks how much fresh air is inside my body.

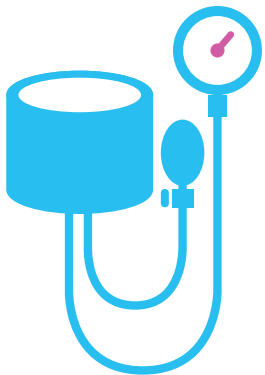




The nurse will check my temperature with a thermometer.



The nurse will check my blood pressure. I'll feel a small squeeze on my arm. I can remember to hold my body still and take deep breaths.





The nurse will listen to my heart and lungs with a stethoscope.



Next, I will put
on hospital
pajamas.





Now I will wait
for my surgery.
While I'm
waiting, I can
play!



I'll meet the doctors and nurses who will take care of me during my surgery.

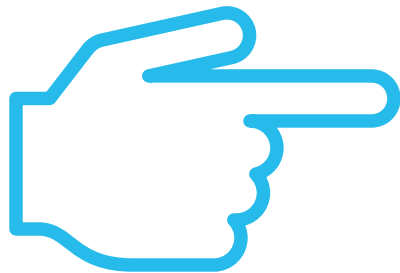




I'll meet the doctor who will give me medicine so I'm sleeping during my surgery. I might get the medicine through a mask like this. The mask will feel soft on my face.

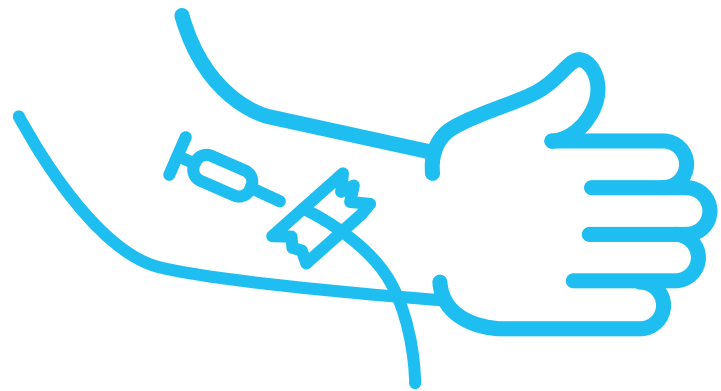


The doctor can make my mask smell good. I can choose a special flavor!



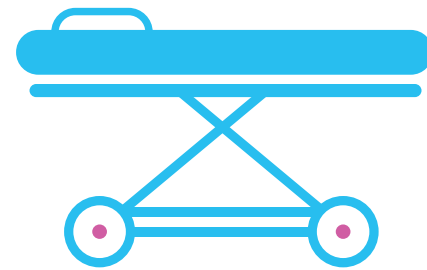


I might get the medicine through a small, bendy straw called an IV.





When it's time for my surgery, my doctors and nurses will move my bed to the next room.





Then the doctors will give me the medicine so I'm asleep for my surgery.



When my surgery is done, I'll wake up in a different room.





My caregiver
will be with me
in this room.



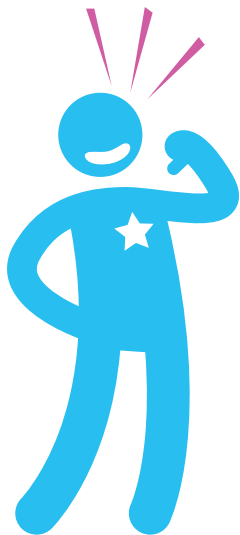


I'll get a
popsicle or
something
to drink!



I'm all done.
I can go home.

I did a great
job!



Developed By:

Autism Spectrum Center, Child Life Services,
& Lexington Surgical Services