

# MRI with Sedation

My Hospital Story



**Boston Children's Hospital**

March 2023

I'm getting ready for my MRI at Boston Children's Hospital. An MRI is a big camera that will take pictures to help my doctors learn more about my body.

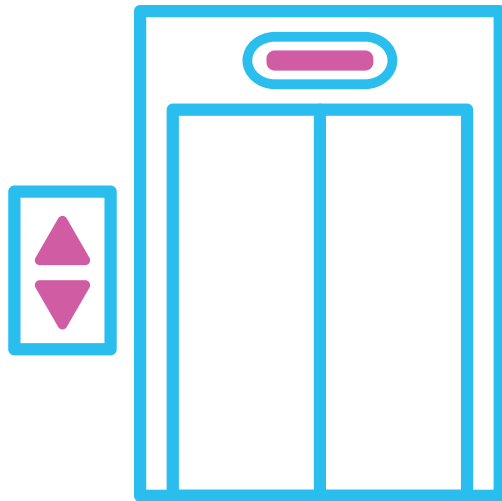




First, we'll walk into the hospital and put on a mask.



Then, we'll take the Main Elevators to the 2<sup>nd</sup> floor and follow the signs to the MRI waiting area.



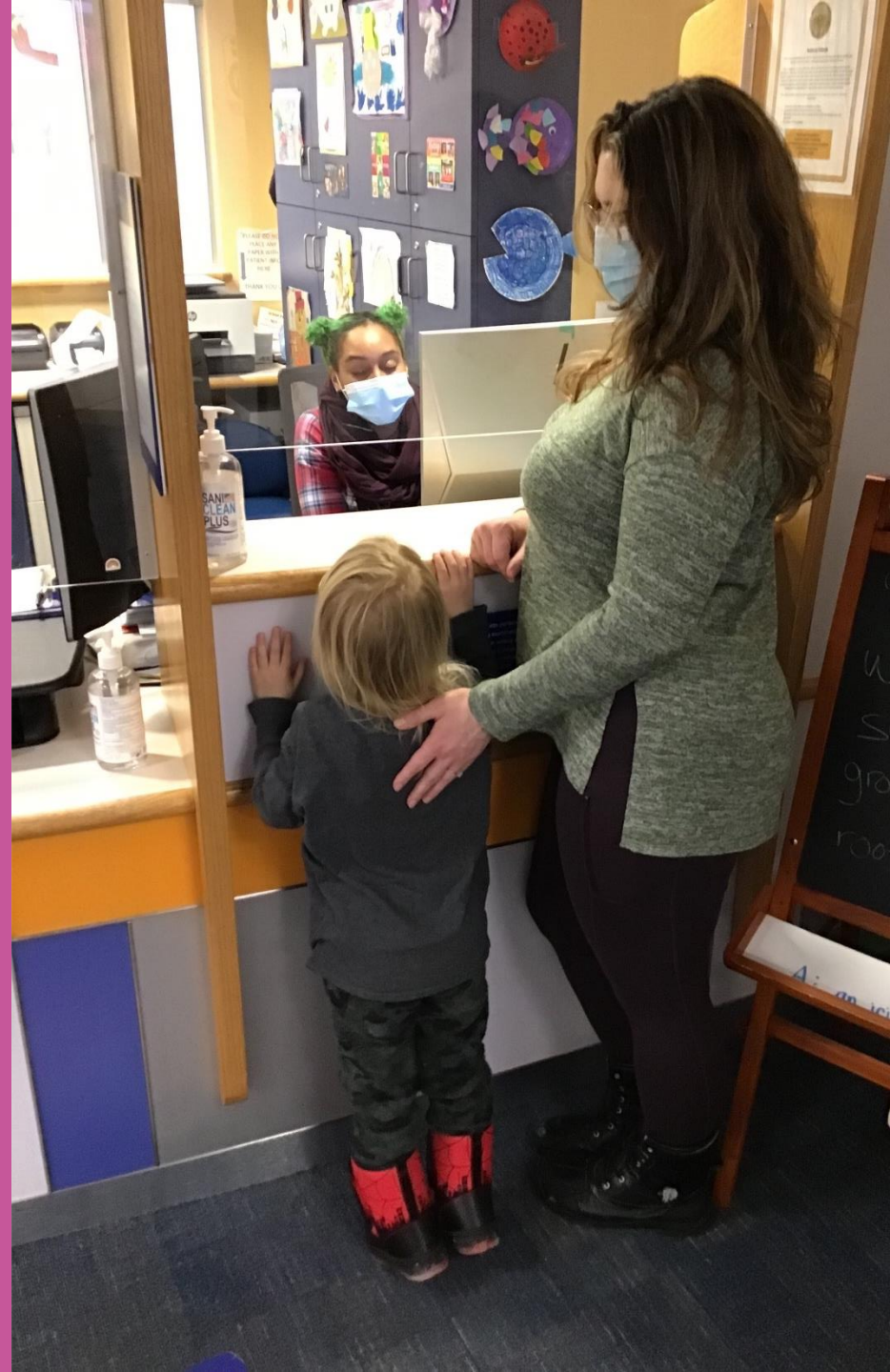


Next, we'll walk to the waiting room and go to the front desk.



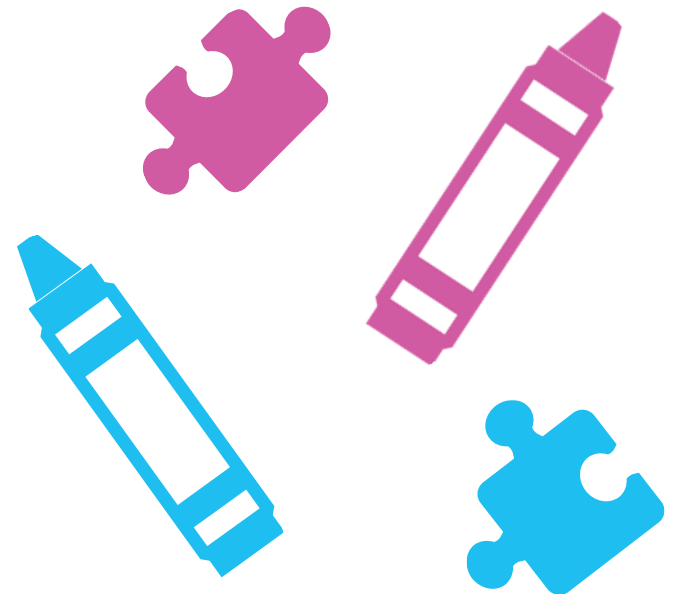
We'll talk to the person at the desk.

They'll give me a bracelet with my name.

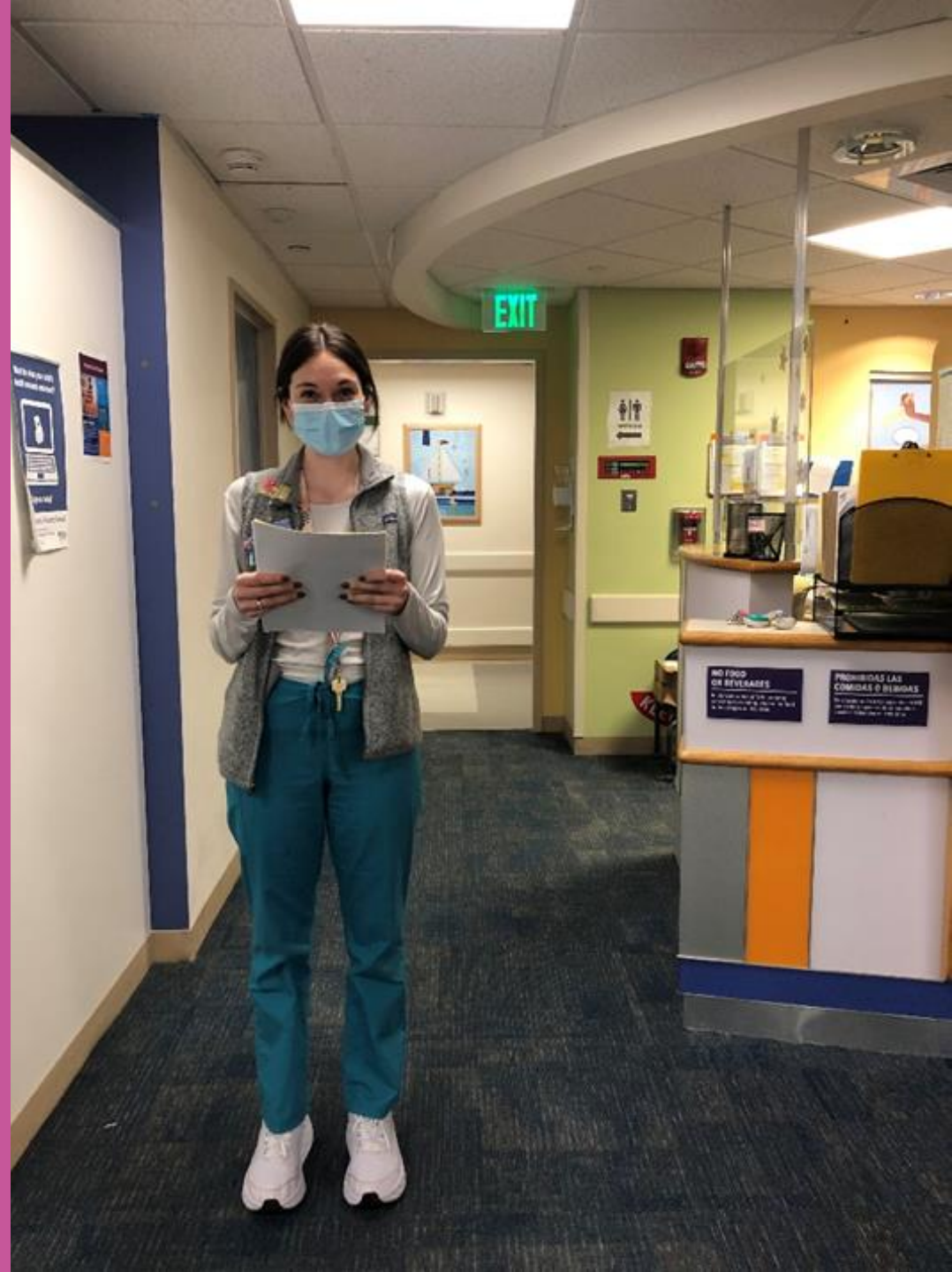




Next, we'll wait until my name is called. I can sit and play quietly while I wait.



When it's my turn, a clinical assistant will call my name.







Next, I'll stand on a scale to measure how much I weigh.





Then I'll go to a new room with a bed.  
I'll change into hospital pajamas.





Next, I'll meet my nurse.

My nurse will listen to my heart and lungs with a stethoscope.



They'll check  
my temperature.

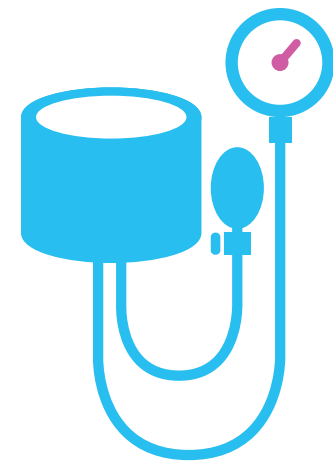
A thermometer  
will gently slide  
across my  
forehead.





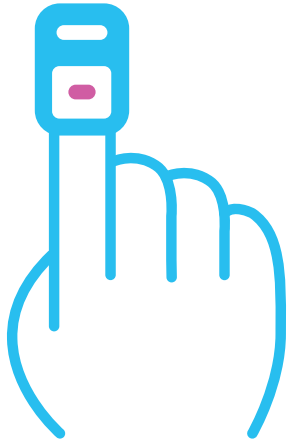
Next, my nurse will place a cloth on my arm.

I'll feel a small squeeze. I can remember to hold my body still and take deep breaths.



My nurse will place  
a pulse oximeter  
on my finger.

It checks how  
much fresh air is  
inside my body.



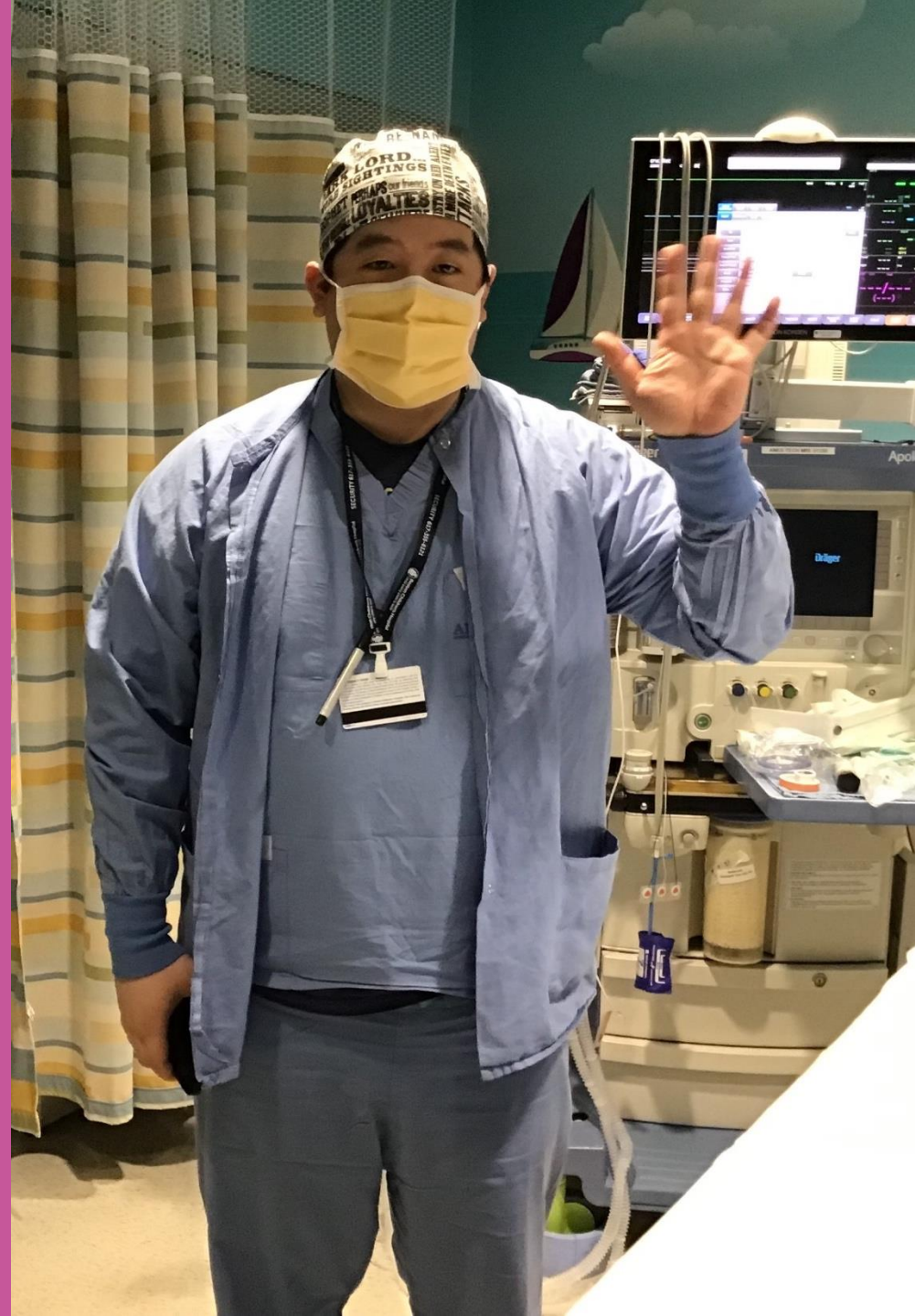


Next, I'll meet an MRI technologist.

Their job is to take my pictures with the MRI camera. They'll ask us a few questions.



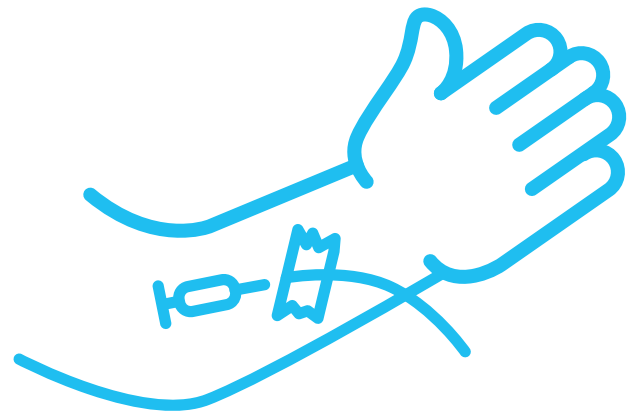
I'll meet the doctor who will give me medicine so I'm sleeping during my MRI. My doctor will talk to my parents or caregivers about which medicine is best for me.







I might get my medicine through a small, bendy straw called an IV.



I might get my medicine through a mask. The mask will feel soft on my face. I can choose a flavor to make my mask smell good!





When it's time to get my sleeping medicine, I'll go to a new room with my nurse and doctor. I can bring my blanket or toy with me. I'll sit on the bed and my doctor will give me my sleeping medicine.



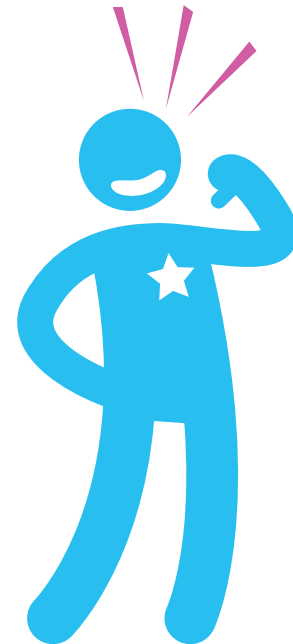
When my pictures are all done, I'll wake up in a new room. My parents/caregivers will be with me. I'll get something to eat and drink.





Now I'm all done with my MRI.

Everyone will be so proud of me!



**Developed By:**

Autism Spectrum Center & Child Life Services