

# Parenthood with Cystic Fibrosis Support Group



**If you're a parent or caregiver diagnosed with Cystic Fibrosis, the UCSF Adult Cystic Fibrosis (CF) Program welcomes you to join the Parenthood with CF Support Group.**

The group provides a confidential, online space for you to connect with peers for support and encouragement.

The Parenthood with CF Support Group embraces people diagnosed with CF wherever they are on their parenthood journey. New parents and caregivers, experienced grandparents and those exploring fertility options are all welcome!

**You do not have to be a UCSF patient to attend.**

## When Does the Peer Support Group Meet?

The group meets virtually online every second Wednesday of the month, from 5:30 p.m. to 6:30 p.m. (PST). There may be some exceptions.

## Find Out More

If you are interested in joining our welcoming and confidential space, please email [abigail.aballe@ucsf.edu](mailto:abigail.aballe@ucsf.edu) for the zoom link.