

Fegan 5 Clinic Visit

My Hospital Story



Boston Children's Hospital

April 2024

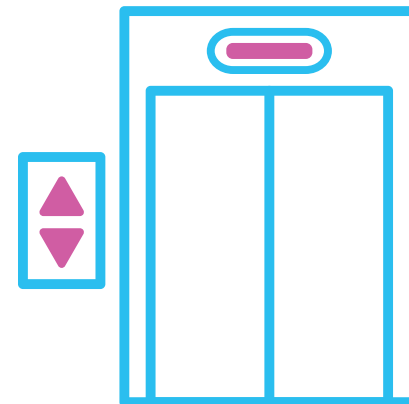
I'm going to an appointment at
Boston Children's Hospital.





First, I will take an elevator to the 5th floor in the Fegan building.

This is where my appointment will be.



Then, I'll walk to the front desk and stand very still.

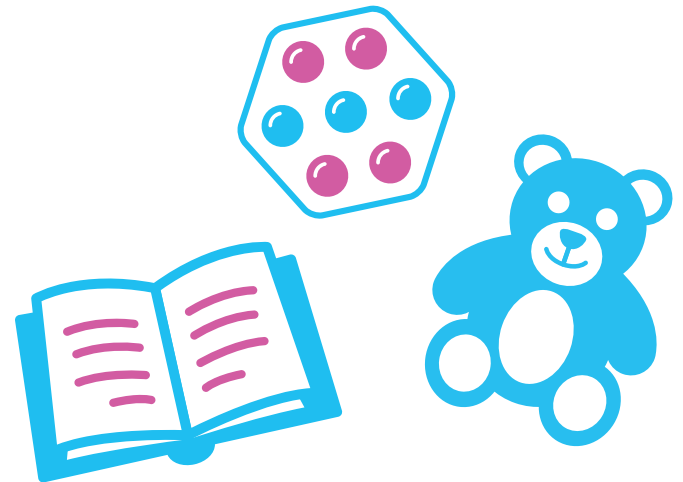
My parents will let the person at the front desk know we are here.





Next, I might sit in a chair and wait until my name is called.

I can sit or play quietly while I wait.



When it's my turn,
someone will say
my name.

We will walk
down a hallway to
a new room.

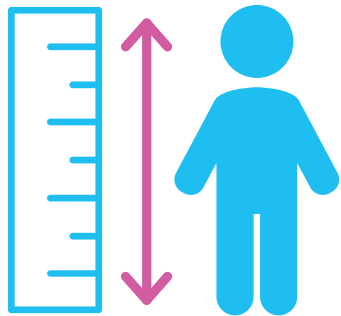




I will stand still on the scale to see how much I weigh.



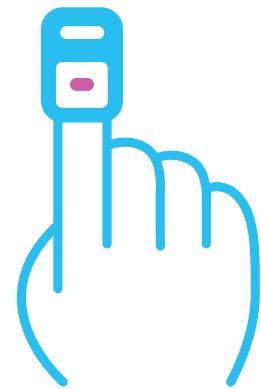
Next, I'll stand very still with my back against the wall to see how tall I am. I might feel a light tap on my head.





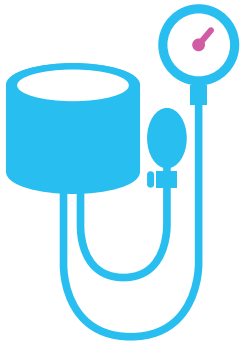
The clinical assistant might place a clip or a sticker on my finger.

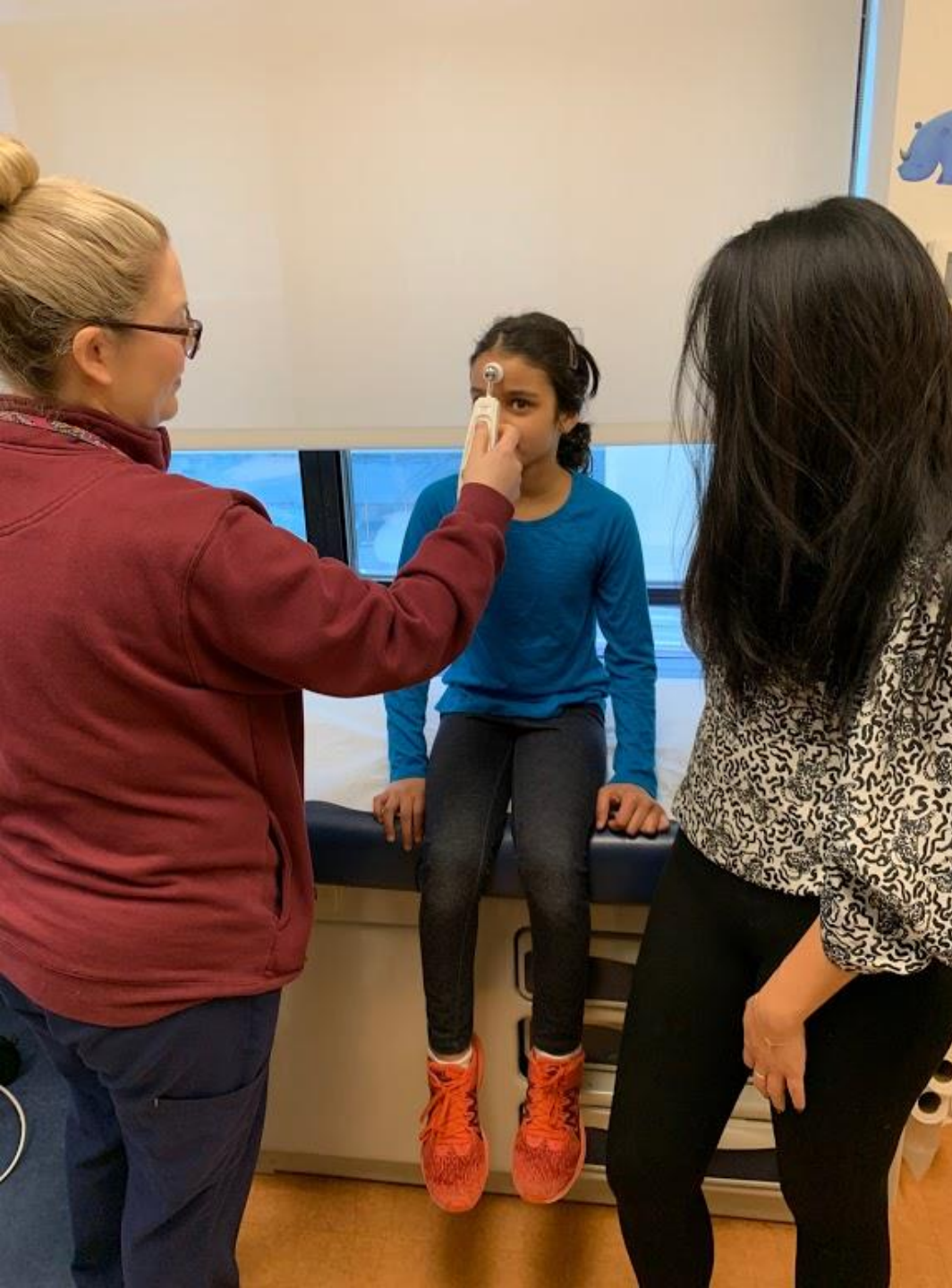
This measures the oxygen in my body.



Next, the clinical assistant might check my blood pressure. They'll place a cloth around my arm that will give my arm a tight hug.

This is OK. I can remember to take deep breaths.





The clinical assistant might check my temperature with a thermometer. It will gently touch my forehead and the side of my face.

I can remember to keep my body still.



Next, we'll go to a new room. I'll walk down the hallway with the clinical assistant or my doctor.





The room might look like this. I can sit in a chair or on the exam table. The exam table has white paper on it to keep it clean. There is a computer for the doctor to use.



Now I'll meet my
doctor or nurse.

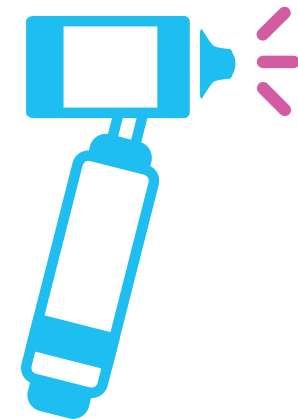
They'll ask us
some questions.
We might ask
them some
questions, too.





The doctor might check my ears, eyes and mouth using a small flashlight. The flashlight won't touch me.

The doctor might ask me to open my mouth and say "ahhh".



The doctor might also listen to my heart with a stethoscope.

The stethoscope might feel a little cold.





I might need to lie down on the exam table for the doctor or nurse to learn about how my body is working.

I can remember to stay very still.



My doctor might gently press on my belly. They might press on the sides of my belly, in the middle, and up and down my belly.

This might feel strange, but I am OK.





My doctor or nurse
might talk to my
caregiver.

I can sit quietly or
play while they talk.



I might meet
another doctor or
therapist during
my appointment.

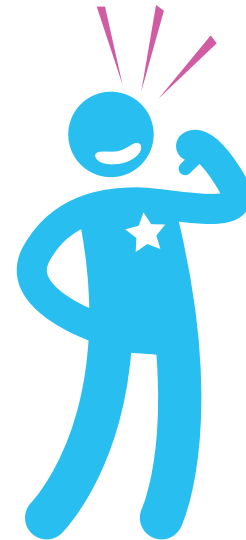
My doctor will let
me know who I'll
meet next.





I'm all done with
my appointment.

Everyone will be
so proud of me!



Developed by:

Autism Spectrum Center & Child Life Services