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**Boston
Children's
Hospital**

Until every child is well™

Program for Research Assistant
Development and Achievement

PRADA July Newsletter

Please take a look below for our upcoming events, opportunities, and resources!

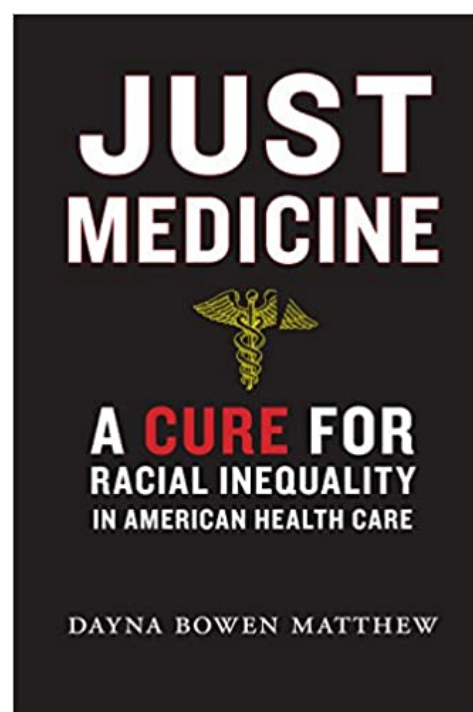


Upcoming MHM Event: BYOB(reakfast)

Thursday, July 23rd, 9am
Zoom link to follow

The Mental Health Monthly Committee would like to host you for a bring your own breakfast discussion July 23rd at 9am. We will be discussing food and its relationship to race, culture, identity, and mental health. We invite you to bring your cereal, overnight oats, coffee, bananas, or anything else as long as it accompanies an open mind and thoughtful listening. The goal of the discussion is to promote awareness of the way food influences our thoughts, behaviors, and mental health, and how that is influenced by our culture and background. An event with the Zoom link will be sent soon. Please email Chris or Steph if you have any questions, and we look forward to seeing you bright and early!

Contact [Christopher Zaro](#) or [Steph Wall](#) with questions



Upcoming Book Club Meeting

Wednesday, July 29
12pm-1pm
Zoom link to follow

This month's featured book is *Just Medicine – A Cure for Racial Equality in American Healthcare* by Dayna Bowen Matthew.

Contact [Raquel Ferreira](#) with questions



MODERATORS NEEDED

The weekly BCH research seminars are looking for moderators. The responsibilities include introducing the speakers and moderating questions. The weekly seminars are on Thursdays from 12:15 to 1:15pm. You can just sign up once, and it does not have a long-term commitment. Please contact [Qi Yu](#) for more details if you are interested.



Our Facebook Group

PRADA Communications is proud to see members engaging with our Facebook Group! Our group is the best place to post opportunities, connect with other members, and reap all the benefits of our community. Plus, we get to see your lovely faces! Check out our Facebook page by clicking on the icon above and send us a request to join!

About Us

PRADA is a supportive, inclusive learning community for research assistants, coordinators, and other young professionals at Boston Children's Hospital.

[Contact us](#)



Leaving BCH? Take Our

Alumni Survey

As you move on to exciting new opportunities, we would love to stay in touch! Help us extend our alumni network by filling out our survey using this [survey](#)

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