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## PRADA May Newsletter

Please take a look below for our upcoming events, opportunities, and resources!

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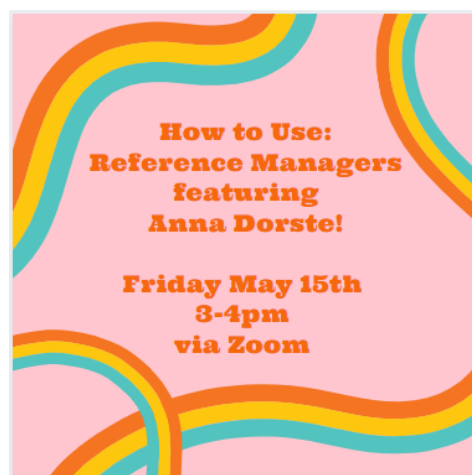
### Upcoming MHM Event: Self Care Brainstorming

Friday, May 15th  
2 pm  
*Zoom link to follow*

Self-care brainstorming session! We would love to hear about all the different strategies that you are all using to take care of yourself during times like these (and even during non-pandemics!). All are welcome, from self-care experts to those who are just looking to juggle a couple new ideas.

Contact [Christopher Zaro](#) or [Steph Wall](#) with questions

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### Upcoming PBS Event: How to Use Reference Managers

Friday May 15  
3-4pm  
*Zoom link below*

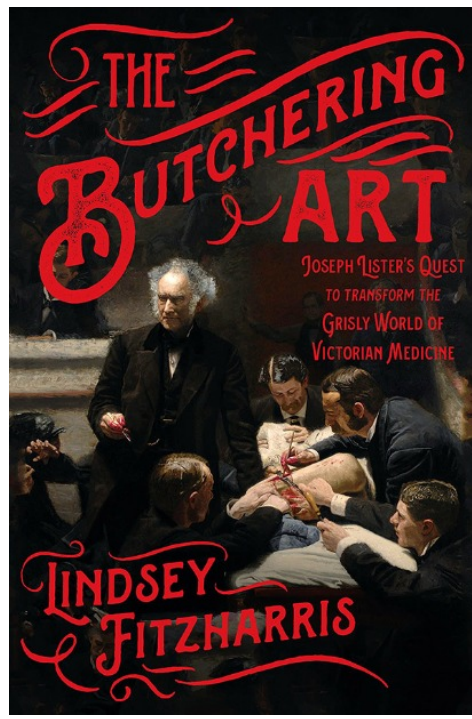
Back by popular demand, Anna Dorste will return to instruct us all on how to use reference managers. This is such an important, time-saving skill, that will be invaluable no matter what directions our careers take.

We look forward to seeing y'all's faces (via Zoom) next week!

Meeting ID: 992 6775 5372  
<https://bostonchildrens.zoom.us/j/99267755372>

Contact [Becca Spigel](#) with questions

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#### Upcoming Book Club Meeting

Wednesday, May 27  
12pm-1pm  
Zoom link to follow

This month's featured book is  
The Butchering Art: Joseph Lister's  
Quest to Transform the Grisly World of  
Victorian Medicine" by Lindsey Fitzharris

Contact [Raquel Ferreira](#) with questions



#### Volunteer Opportunity: Masks for Boston's Homeless

Boston's homeless population has been hit especially hard by the pandemic, and are in need of masks. Some types of face coverings can be made easily using homemade materials, and donated to area homeless shelters.

Contact [Teddy Sheehan](#) for more information

#### PRADA COVID Resource Guidebook

To help you connect, share resources, and [ideally!] thrive during this time of remote work and social-distancing, our group has created a PRADA-specific [Covid-19 Resource Guidebook](#), accessible to all through Google Docs, and shareable throughout your networks. Our ultimate goal is to create a truly-crowdsourced document – to tap into the wisdom and expertise of you, our PRADA colleagues – so please browse around, suggest edits, and add resources of your own.

#### Open EBoard Positions: PHCA

- **Open position:** 2 PHCA Co-Chairs
- **Description :** Co-Chairs are responsible for planning and running all PHCA meetings and events. They are expected to check in regularly with Group Leads and one another to track the group's progress and provide support for upcoming events. Co-Chairs will also serve on the PRADA Executive Board and are expected to work closely with PRADA's leaders to report PHCA's upcoming plans and ensure adherence to the budget.
- **Contact Information:**
- Cassie Papaleo (PHCA Co-Chair, [cassandra.papaleo@childrens.harvard.edu](mailto:cassandra.papaleo@childrens.harvard.edu))
- Natasha Dombrowski (PHCA Co-Chair, [natasha.dombrowski@childrens.harvard.edu](mailto:natasha.dombrowski@childrens.harvard.edu))

#### Other resources

[Remote Work Survival Kit](#) is a crowdsourced document, created in response to COVID-19, to help those who are trying to implement remote working in their organization, set themselves (or their teams) up to work from home, and diminish the impact on workplaces, staff, and teams of this, and future pandemics.

[Coronavirus Tech Handbook](#) is a crowdsourced resource for technologists, civic organizations, public and private institutions, researchers, and others working on responses to the COVID-19 pandemic. It is an evolving resource with thousands of expert contributors, geared specifically at opportunities for individuals to contribute their skills, time, or expertise toward this fight.



#### Our Facebook Group

PRADA Communications is proud to see members engaging with our Facebook Group! Our group is the best place to post opportunities, connect with other members, and reap all the

benefits of our community. Plus, we get to see your lovely faces! Check out our Facebook page by clicking on the icon above and send us a request to join!

**About Us**

PRADA is a supportive, inclusive learning community for research assistants, coordinators, and other young professionals at Boston Children's Hospital.

[Contact us](#)



**Leaving BCH? Take Our**

**Alumni Survey**

As you move on to exciting new opportunities, we would love to stay in touch! Help us extend our alumni network by filling out our survey using this [survey](#)

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