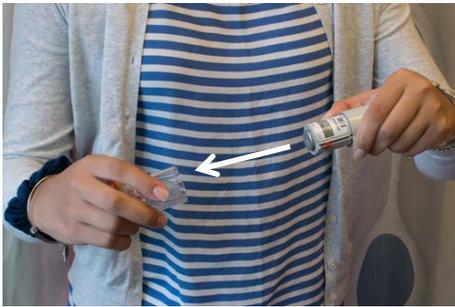


## Setting Up and Using a Respimat Inhaler

### How to set up and use a Respimat inhaler

Your provider has prescribed a medication that is given using the Respimat inhaler. The Respimat inhaler can be used for 2 different medicines, Spiriva or Combivent. Which of these medicines do you use?

#### How to set up the inhaler



- 1 Press in the safety catch on the side of the device to remove the clear base.



- 2 Put the narrow silver part into the inhaler.



- 3 Push it down on a hard surface until you hear it click. Put the clear base back on the inhaler.

#### How to prime the inhaler



- 1 Turn the clear base in the direction of the arrows until you hear it click.



- 2 Point the inhaler away from you. Open the cap.



- 3 Press the button. Repeat steps 1 and 2 until you see the medicine spray out of the inhaler. Once you see the spray, repeat the same steps 3 more times. This will fully prime the inhaler.

## How to use the inhaler



- 1 Twist the clear base in the direction of the arrows until you hear it click (about 1 half turn).



- 2 Open the cap.



- 3 Breathe out slowly.



- 4 Put the inhaler in your mouth and close your lips around the mouthpiece.



- 5 Press the button. Take a slow deep breath in.



- 6 Hold your breath for 10 seconds. Repeat steps 1–5 if your dose is more than 1 puff.

*This Family Education Sheet is available in Spanish.*